

BETWEEN THE BUOYS

Ian Friesen - Elite Level Swimmer @ Club Warriors

Ian's introduction to competitive swimming was, for all intents and purposes accidental. Under the auspices of a learn to swim program, Ian joined a local competitive swim club at the age of six, simply to learn to swim. This fluke introduction to the sport of competitive swimming has afforded Ian the opportunity to compete across Canada and internationally, representing Canada in parts of Europe, the Middle East, the United States and the Caribbean. Ian's love for the sport of swimming is undeniable. He is a dedicated trainer, a fierce competitor and an inspiring team mate. Ian's hard work and talent has resulted in many successes. Some of his greatest accomplishments in the pool have been in the 200, 400 and 800 free. Ian also competes in open water events, where he has had podium finishes in the 5000m and 1500m races. Ian is looking forward to training in Spain as the facilities will provide a unique experience in preparation for Olympic Trials. As for competing at Olympic Trials, Ian hopes this meet will qualify him for Junior Pan-Pacs in August 2020, which would be an exceptional accomplishment. When Ian is not at the pool, you can find him cooking (omelettes are his specialty), working, or hanging out with one of his best friends Kieran, or spending time with his girlfriend. Ian loves music, he is a huge Raptors fan, and loves the game of basketball. He has recently sparked an interest in photography; clearly he has no shortage of interests or talents.

