## ATHLETE SPOTLIGHT OF THE WEEK

## BETWEEN THE BUOYS

Kieran Stone - Elite Level Swimmer @ Club Warriors

Kieran Stone began swimming competitively at the age of eight. Although he still played hockey at that time, his passion for swimming grew and he permanently traded in his skates for fins around age 11. If you were to ask Kieran what he loves about the sport of swimming he would be quick to tell you he enjoys working hard, training with his teammates and the competition. Kieran has been fortunate to have some great coaches, teammates and a consistent training partner for many years whom some of you may know - Ian Friesen. When Kieran is not in the pool, he is spending time with his family (his two older brothers, mom - Heather and dad - Kevin), his friends or you will find him in the kitchen, especially after Saturday morning practice cooking up a breakfast feast. Kieran plans to swim varsity when he heads off to university in 18 months, and he is hopeful he will compete at the NCAA level in the US. Wherever Kieran attends school he will study math or science which could lead him into a career in engineering. When asked what Kieran is most excited for aside from competing at Olympic Trials in March, Kieran is quick to share that he feels very motivated and inspired to know that he will share the pool with many other Canadian Olympians who have not only made Canada proud, but many who are household names and excellent role models.





